

Spa Menu & Tariff



NIKAAY

wellness & spa

pause . focus . mindful

NIKAAY SIGNATURE TREATMENTS

PAUSE - Passaddhi - 150min.	₹11,999
FOCUS - Vodaana - 150min.	₹11,999
MINDFUL - Samatha - 120min.	₹9,999

MASSAGE THERAPY

• Swedish - Medium Pressure - 60/ 90min.	₹5,999 / 7,499
• Aromatherapy - Mild Pressure - 60/ 90min.	₹5,499 / 6,999
• Thai - Moderate Stretching - 90min.	₹7,999
• Balinese - Medium-Strong Pressure - 60/ 90min.	₹5,999 / ₹7,499
• Hot Stone - Medium-Strong Pressure - 90min.	₹7,999
• Abhyanga - Medium Pressure - 60min.	₹5,499
• Shirodhara - Medium Pressure - 45min.	₹5,999
• Indian Head Massage - Medium Pressure - 30min.	₹3,499
• Foot Massage - Medium Pressure - 30min.	₹3,499
• Back Massage - Strong Pressure - 30min.	₹3,499

SPA SENSE BODY REFINEMENT REGIMEN

PURE SCRUB - 30min. each

• Thermal Salt Scrub - Super Strong	₹3,499
• Charcoal Mud Peel - Strong	₹3,499
• Orange & Apricot Cream Peel - Medium	₹3,499
• Sesame & Avocado Butter Peel - Soft	₹3,499

NIKAAY COUPLE RITUAL - 180min.

₹19,999

Choice of 30min. Massage Therapy + 60min. Body Ritual + Facial + Jacuzzi



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SPA SENSE BODY REFINEMENT REGIMEN

AUTHENTIC WRAP - 50min. each

- Sapphire Cream ₹4,499
- Hematite Mud ₹4,499
- Green Tea Effervescent ₹4,499
- Glacier Water Cooling Gel ₹4,499

FACIAL REGIMEN - 60min. each

- Power Oxygen ₹5,499
- Power C ₹5,499
- Derma Peel Pro ₹5,499
- Skeyndor Men Treatment ₹5,499

ĀVARTANA DHYANA: MOVEMENT MEDITATION

YOGA THERAPY - 60min. each

- Nikaay Signature Yin Yoga ₹2,000
- Vinyasa Yoga ₹2,000
- Therapeutic Yoga ₹2,000
- Pranic Detox ₹1,500

ACUPUNCTURE - 30min. ₹3,999

HRV STRESS ASSESSMENT & BIO-FEEDBACK - 45min. ₹3,999

COLONIC IRRIGATION - 60min. ₹5,999



Coorg Wilderness Resort & Spa

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Hours of spa operation

8:00am to 8:00pm

Last appointment

7:00pm

Spa reservations

Call Ext: 851

18% GST applicable